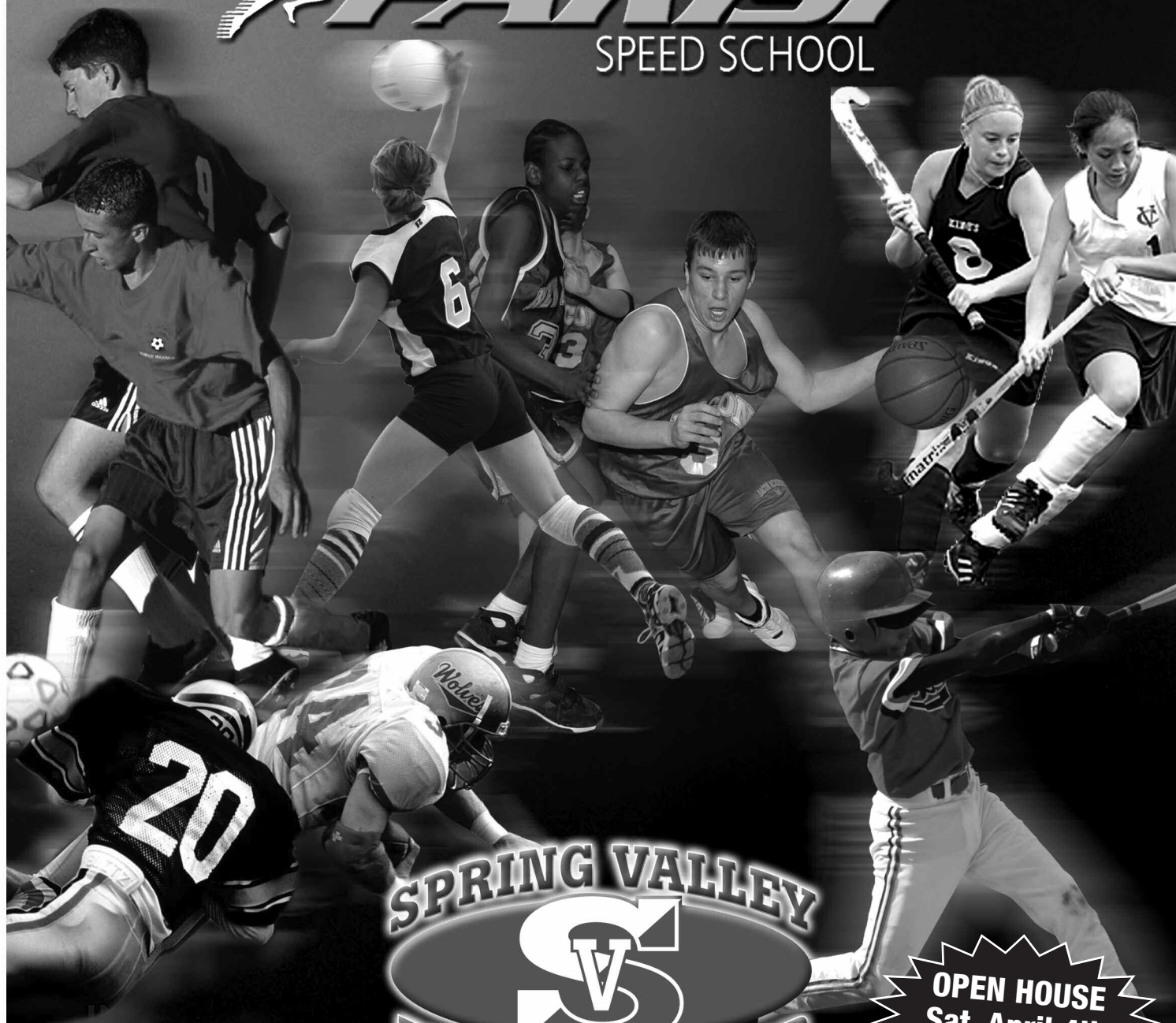


SUMMER SPORT CAMPS

 **PARISI**™
SPEED SCHOOL



SPRING VALLEY

ATHLETIC CLUB

OPEN HOUSE
Sat, April 4th
12pm-4pm

4920 Penn Avenue, Sinking Spring, PA 19608

(610) 678-0484

parisi@svathleticclub.com • www.svathleticclub.com

Summer Camps: Combine Speed and Agility Training with sport specific skills for: Soccer, Basketball, Volleyball, Field Hockey, Football, and Baseball

Improve Speed, Strength, Explosive Power, Agility, Flexibility, Sport Specific Skills and Self Confidence

Parisi History

Parisi is the nation's leader in speed and performance training. There are 42 Parisi facilities in 22 states across the United States.

Over the last 18 Years, Parisi has:

- Trained over 100,000 athletes, 5,000 College Scholarships • 1st round draft picks in every major sport
- Over 115 NFL draft picks (15 First Rounders, 5 Fastest Men) • Produced Olympic medalists

1.5 hours each day will be Parisi Training and 1.5 hours each day will be sport specific skill training

Parisi and Upper 90 Soccer Camp Dates and Times Camp will be held*

June 15th-19th 9am-12pm (boys and girls ages 7-14) • June 15th-19th 5:30pm-8:30pm (boys and girls ages 7-14)

Aug 3rd-7th 9am-12pm (boys and girls ages 7-14) • Aug 3rd-7th 6pm-9pm (boys and girls ages 12-18)

*athletes will be separated by age and gender

Soccer coached by Dale Witmer, USSF "A" Coaching License, ODP Staff Coach, 25 years of coaching experience from youth level to the collegiate level

Parisi and Big Spike Volleyball Camp Dates and Times Camp will be held*

June 22nd-26th 9am-12pm (boys and girls grades 6th-8th and 9th-12th) • July 13th-July 17th 9am-12pm (boys and girls grades 6th-8th and 9th-12th) • Team Camps available

*athletes will be separated by age and gender

Volleyball headed by Denny Werner, USA Volleyball IMPACT Certified and 3 time Lancaster-Lebanon League Section 2 Champs, 2007 PIAA AAA Runner Up and 2008 PIAA AAA Semifinalists, 2007 Lancaster Lebanon Coach of the Year

Parisi and Big Shots Basketball Camp Dates and Times Camp will be held*

June 22nd-26th 5:30pm-8:30pm (boys and girls ages 7-14) • Aug 10th-13th 5:30pm-8:30pm (boys and girls ages 7-14)

*athletes will be separated by age and gender

Basketball training headed by Kevin Driscoll, Albright College Men's Assistant Coach, 4 Year Letter Winner at Misericordia University

Parisi and S. V. P Field Hockey 101 Camp Dates and Times Camp will be held*

Dates coming tomorrow

Field Hockey headed by Clarence Jennelle, Owen J. Roberts Head Coach and 9 time Futures Nationals Medalist

Parisi and Football Camp Dates and Times Camp will be held*

June 15th-June 19th 5:30pm-8:30pm (ages 7-14) • July 13th-July 17th 5:30pm-8:30pm (ages 7-14) – Quarterback Camp • July 27th-July 31th 5:30pm-8:30pm (ages 7-14)

*athletes will be separated by age and gender

Football training headed by Frank Vecchio, 4 Year Letter Winner at Ursanius College

Parisi and Total Sports Camp Dates and Times Camp will be held*

Combine your favorite sports: soccer, basketball, tennis, floor hockey, dodgeball, and kickball with Parisi training

July 20th-July 24th 5:30pm-8:30pm (ages 7-14) • Aug 10th-13th 9am-12pm (boys and girls ages 7-14)

Contact Person for All Camps:

Maria Shunk, Parisi Speed School Director
mshunk@svathleticclub.com
610-678-0484

Location of Camp:

Spring Valley Athletic Club

Registration Dates:

Early registration for all sports (except volleyball) is April 30th - \$150 (volleyball \$175) • After April 30th - \$175 (volleyball \$200)

REGISTRATION FORM

Name: _____ Date of Birth: _____

Gender: _____ Grade/school: _____

Address: _____

Phone: _____ E-mail: _____

Parent's or Guardian's Name: _____

Parent's Phone: _____ Parent's Cell Phone: _____

T-Shirt - circle size: (Adult - S M L XL XXL) (Youth - M L

Payment Method: Early registration for all sports (except volleyball) is April 30th - \$150 (volleyball \$175)
After April 30th - \$175 (volleyball \$200) • **Checks payable to SVAC before April 30th**

Send to: Parisi Speed School c/o Spring Valley Athletic Club

Attn: Maria Shunk
4920 Penn Avenue, Sinking Spring, PA 19608
610-678-0484 • mshunk@svathleticclub.com

Credit Card

Check one:

M Card

Visa

AMEX

Card Number: _____ Exp. Date: _____

Billing Address: _____

Release...In consideration of acceptance of my child in the Athletic Training Program outlined above, I hereby for myself, my child, their heirs, executors and administrators waive and release any claim we may have for damages against: Parisi Speed School, Spring Valley Athletic Club, Upper 90 Soccer Camp, Big Shot Basketball Camp; Big Spike Volleyball Camp; S.V. P. Field Hockey 101, their officials, officers, employees or representatives; or their successors, for any and all injuries that may be suffered by my child while or as a result of participating in the above said program. I certify that my child has been checked by a licensed medical doctor within the last year and is in good health. I also certify that Parisi Speed School makes no guarantees that the athlete participating in this program will never get injured. I agree that my athlete is only entitled to the training sessions specified by Parisi Speed School for this Speed Camp. I am also aware that my athlete is not entitled to a refund unless a doctor states in writing that my athlete can not take part in the Athletic Training Program specified.

I certify that I am the Parent / Guardian of the above mentioned athlete and I am over 18 years old and agree to the conditions specified above.

Signature: _____

Date: _____